

Welcome to Vertically Inclined's Rip & Grip Bulletin!

Break out the Egg Nog and Cheers to another great Rip & Grip Season!

Congratulations to everyone who participated in the Fall Series and to all the winners of the individual events and the full Series. Well done!

The December finale celebrated great climbing and camaraderie. Everyone did a great job helping each other with spotting, witnessing and lots of beta. All the climbers put on a great display showcasing their talent, strength, flexibility and determination.

Todd and Tracey, along with their helping team of Route Elves put out another exciting spread of problems under the old VIRG Tree. There were treats for all Rip & Grip girls and boys. Thanks to the setters and to those who helped test and tweek the routes.

A big Thank-you goes out to the event sponsors. The continued support of our sponsors through tough times says alot about their commitment to the Edmonton climbing community.

Fall Series T-shirts were distributed at the December event. Thanks to Allison for the great design. If you registered for the series and were not at the final event, please pick up your T-shirt in the next 2 weeks.

Mark your calendars - the next Rip & Grip Series starts February 5th, 2010. Registration will begin December 15th.

For updates Rip & Grip matters and everything else VIRG check out www.verticallyinclined.com and the Vertically Inclined (VIRG) facebook group.

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Event Wrapup - December 4th

Congratulations to everyone who came out and busted the moves. There were some great results.

Big shout out to our Sponsors; Track 'n Trail, Mountain Equipment Co-op, Campers Village, Teknik and Blurr. Thanks to VIRG's own DJ Cael for the super playlist and for the excellent prize CD's.

Summary of Series Winners: **Rip & Grip Fall 2009**

	Women	Men
Novice	Cherie Michels	Jared Deeks
Advanced	Charlotte Kruszewski	Jason Waldick
Expert	Sheila Desarkar	Scott Wylie

Summary of Event Winners: **Rip & Grip December 2009**

	Women	Men
Novice	Cherie Michels	Jared Deeks
Advanced	Charlotte Kruszewski	Jason Waldick
Expert	Heather Sawitsky	Ira Tuepah
Big Rocker	Cherie Michels	Peter Karbaliotis

Climber Profile:

Name: **Graeme S.**

Occupation: **Student**

I've been climbing for ... **Six months**

This is my... **first** Rip & Grip series

My favourite Chrismtas Movie is ...**How the Grinch Stole Christmas (Animated)**

If you could get anything for Christmas, what woud it be? **My Two Front Teeth**



Results: December 4th

NName	Category	Rip & Grip	Big Rocker	October	November	Total
Cherie Michels	F - Novice	8430	30	6980	4490	19900
Diana Michelsen	F - Novice	0	0	3850	5490	9340
Tanya Klimp	F - Novice	4460	0	0	2870	7330
Emily Maplethorpe	F - Novice	0	0	4550	2100	6650
Kameron Wadsorth	Brown F - Novice	2800	7	3490	0	6290
Sarah Purchase	F - Novice	5540	0	0	0	5540
Kirsten Kirwer	F - Novice	0	0	5280	0	5280
Erin Hokanson	F - Novice	4290	0	0	580	4870
Meghan McEachern	F - Novice	4460	0	0	0	4460
Tylo Buwalda	F - Novice	0	0	1800	2330	4130
Dee Turner	F - Novice	3550	0	0	0	3550
Caitlin Bryant	F - Novice	0	0	0	2900	2900
Kirsten Brielle	F - Novice	0	0	0	2800	2800
Sharla Simpson	F - Novice	2760	0	0	0	2760
Zdenka Steflava	F - Novice	400	0	0	0	400

Name	Category	Rip & Grip	Big Rocker	October	November	Total
Charlotte Kruszewski	F - Adv	8100	13	6680	6660	21440
Gail Adamson	F - Advanced	6470	0	4990	5500	16900
Allison Funk	F - Advanced	0	0	0	8500	8500
Allison Rose	F - Advanced	4790	0	0	0	4790
Candace Robitaille	F - Adv	0	0	2280	0	2280

Name	Category	Rip & Grip	Big Rocker	October	November	Total
Sheila Desarkar	F - Expert	11490	0	13110	13670	38270
Dylan Hardy	F - Expert	11540	0	9350	13460	34350
Kristine McKay	F - Expert	14870	0	0	14590	29460
Nicole Deuchar	F - Expert	0	0	13310	14310	27620
Heather Sawitsky	F - Expert	18930	0	0	0	18930
Arianne Forbes	F - Expert	0	0	0	13760	13760
Allison Funk	F - Expert	8680	0	0	0	8680
Alanna Elias	F - Expert	8170	0	0	0	8170

Name	Category	Rip & Grip	Big Rocker	October	November	Total
Jared Deeks	M - Novice	13520	0	9230	0	22750
Greg Funk	M - Novice	6660	0	8430	5400	20490
Michael Hagan	M - Novice	7500	0	7480	5400	20380
Bill Hendsbee	M - Novice	5580	0	0	3550	9130
Michael Gozdzikko	M - Novice	9070	0	0	0	9070
Brendan Paradis-Bell	M - Nov	0	0	0	8760	8760
Edmund Chin	M - Novice	0	0	8470	0	8470
Graeme Scott	M - Novice	0	0	8460	0	8460
Robert Hardy	M - Novice	8400	0	0	0	8400
Austin McMahan	M - Novice	0	0	7750	0	7750
Nathan Devries	M - Novice	0	0	0	6930	6930
Aaron Schooler	M - Novice	6490	0	0	0	6490
Chris Brenneis	M - Novice	6490	0	0	0	6490
Jonathan Hill	M - Novice	0	0	0	5500	5500
Drew Danzinger	M - Novice	0	0	0	5480	5480
Conor Simpson	M - Novice	3790	0	0	0	3790
Travis jefferson	M - Novice	0	0	0	3560	3560
Paul Conrad	M - Novice	3090	0	0	0	3090
Jordin Venner	M - Novice	2380	0	0	0	2380
Kiefer Von Gaza	M - Novice	1500	0	0	0	1500
Michael Sanders	M - Novice	1050	0	0	0	1050
Jonathan McAuliffe	M - Nov	970	0	0	0	970
Joel Klassen	M - Novice	400	0	0	0	400
Brendan D	M - Novice	400	0	0	0	400
Joseph Cor	M - Novice	0	0	0	0	0

Name	Category	Rip & Grip	Big Rocker	October	November	Total
Jason Waldick	M - Advanced	17770	0	14990	15920	48680
Kieran Alton-Tracy	M - Advanced	17260	0	13250	15470	45980
Dylan Steer	M - Advanced	15760	0	12570	13500	41830
Victor Dombrowski	M - Advanced	13830	0	13570	14320	41720
Jacob Waughtal	M - Advanced	11890	0	13740	13700	39330
Matt Hendsbee	M - Advanced	12000	0	11970	11580	39020
Bill Hyndman	M - Advanced	14680	0	11600	10750	38060
Arden Callsen	M - Advanced	11650	0	8500	10620	30770
John Cowie	M - Advanced	11500	0	6770	12290	30560
Andrew Horwood	M - Advanced	12400	0	8500	9330	30230
Andrew Funk	M - Advanced	11490	17	6570	12070	30130
Jon Kramer	M - Advanced	15680	0	0	13660	29340
Matt Simmonds	M - Advanced	11510	0	7870	8730	28110
kyle Noruschat	M - Advanced	15900	0	0	10680	26580
Spencer Michelsen	M - Advanced	0	0	10800	13460	24260
Jared Deeks	M - Advanced	0	0	11630	11060	22690
Travis Garner	M - Advanced	11780	0	10710	0	22490
Brenton Buziak	M - Advanced	8360	0	8450	5400	22210
Jared Henkelman	M - Advanced	0	0	11810	8920	20730
Graham Alexander	M - Advanced	0	0	9750	9590	19340
Chris Torregozo	M - Advanced	0	0	18070	0	18070
Jon Moir	M - Advanced	0	0	17890	0	17890
Moe Mansour	M - Advanced	0	0	17400	0	17400
Peter Karbaliotis	M - Advanced	8490	53	8500	0	16990
Andrew Tsangis	M - Advanced	0	0	0	14270	14270
Dave Nabeta	M - Advanced	14160	0	0	0	14160
Alex Seniuik	M - Advanced	0	0	13330	0	13330
Ben Nelson	M - Advanced	11870	0	0	0	11870
Jordan Shell	M - Advanced	10880	0	0	0	10880
Ryan Robitaille	M - Advanced	0	0	9750	0	9750
Brett Shandro	M - Advanced	9490	0	0	0	9490
Jessie Urnsbach	M - Advanced	8970	0	0	0	8970
Peter Oth	M - Advanced	0	0	0	8730	8730
Aaron O'Connor	M - Advanced	0	0	7800	0	7800
Matt Wolff	M - Advanced	7480	0	0	0	7480
Peter Chlebek	M - Advanced	0	0	0	6380	6380
Sebastien Sauve	Hoover M - Adv	0	0	4400	0	4400
Anders Payne	M - Advanced	0	0	1600	0	1600
Alex Gervais	M - Advanced	0	0	0	0	0
Ryan Stelmack	M - Advanced	0	0	0	0	0
Robert Bieniada	M - Advanced	0	0	0	0	0
Drew Hogg	M - Advanced	0	0	0	0	0

Name	Category	Rip & Grip	Big Rocker	October	November	Total
Scott Wylie	M - Expert	20640	19	18560	22840	62040
Francis Lacroix-Leung	M - Exp	19770	0	18530	23400	61700
Jeremy Inman	M - Expert	13190	0	16710	19890	49790
Troy Grinde	M - Expert	17990	0	6380	16720	41090
Jeffery Lafranchise	M - Expert	14490	0	0	23410	37900
Miles Adamson	M - Expert	0	0	24570	0	24570
Nevien Hook	M - Expert	0	0	0	23500	23500
Etienne Poirier	M - Expert	0	0	23460	0	23460
Ira Tupah	M - Expert	20660	0	0	0	20660
Matt Dunn	M - Expert	0	0	0	20520	20520
Josh Bylsma	M - Expert	0	0	19270	0	19270
Gabe Zukiwski	M - Expert	16640	17	0	0	16640
Jon Moir	M - Expert	0	0	0	15650	15650
Jeremy Cheng	M - Expert	0	0	0	13990	13990
Andy Williamson	M - Expert	0	0	13330	0	13330

Routesetter Profile:

Name: **Tracey Arbuckle**

Occupation: **Astronaut/Gym Instructor**

This is my ...**30th** Rip & Grip Event

Problems set over lifetime: **~50**

My favourite colour is...**Green**

My favourite Christmas Movie is ...**Home Alone**

If you could get anything for Christmas, what woud it be? **Peace on Earth**



Upcoming Events @ VIRG

Holiday Hours

Saturday December 12th: 10am - 6pm
 Thursday December 24th: Noon - 5pm
 Friday December 25th: CLOSED
 Saturday Decmeber 26th: CLOSED
 Thursday December 31st: Noon - 5pm
 Friday January 1st 2010: CLOSED

Passholder Climbing Nights

For Punch Pass and Multi-visit pass holders only.
 Sunday December 13th 8-11pm
 Sunday December 20th 8-11pm

Rip & Grip Winter 2010

February 5th
 March 5th
 April 9th