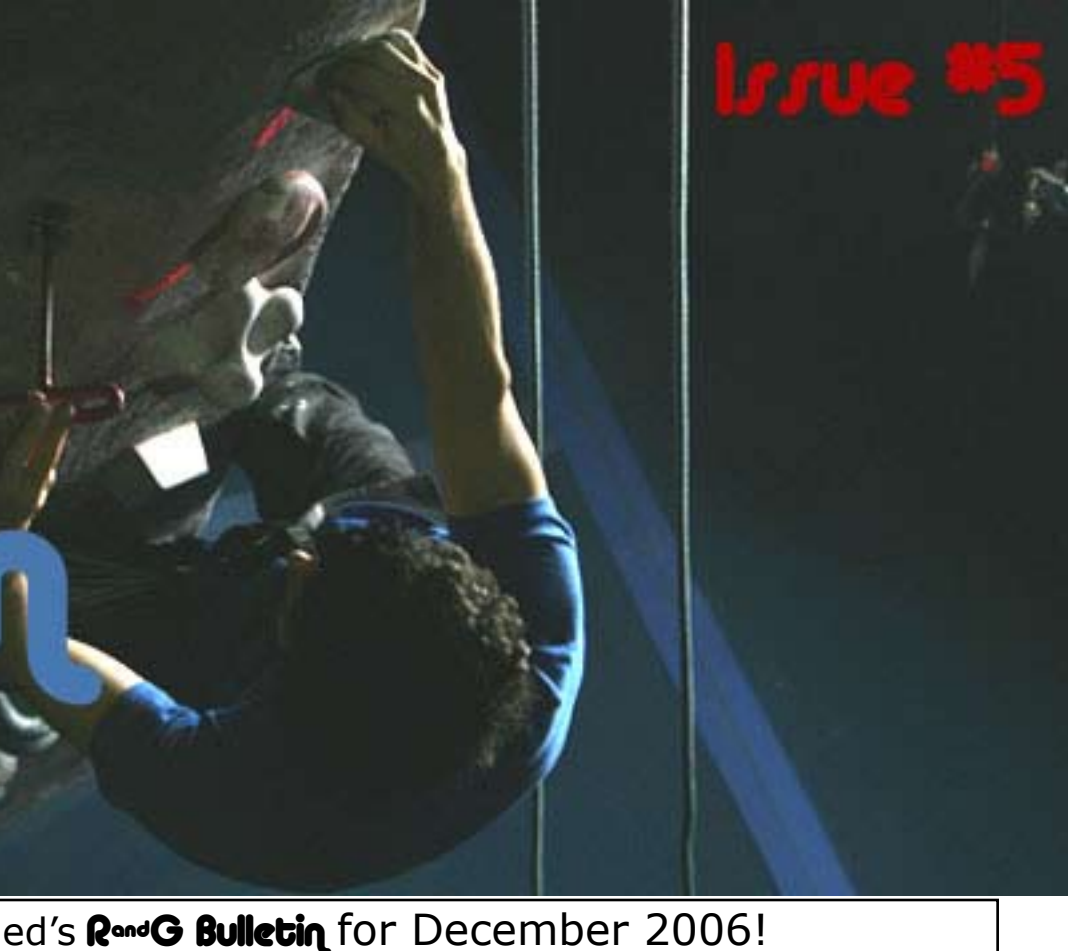


# RandG Bulletin



## Welcome to Vertically Inclined's **RandG Bulletin** for December 2006!

December's here and with it came the Series finale for the Fall Rip & Grip!

The end of the series means the chance for competitors to see their scores over the course of three events and it means unique Rip & Grip T-shirts for all the series participants. This time the T-shirts feature Nigel St. Louis moving smoothly through the moves of a problem.

A special note of thanks to DJ Redpoint a.k.a Nigel who shared a whole other set of skills with us by spinning the tunes.

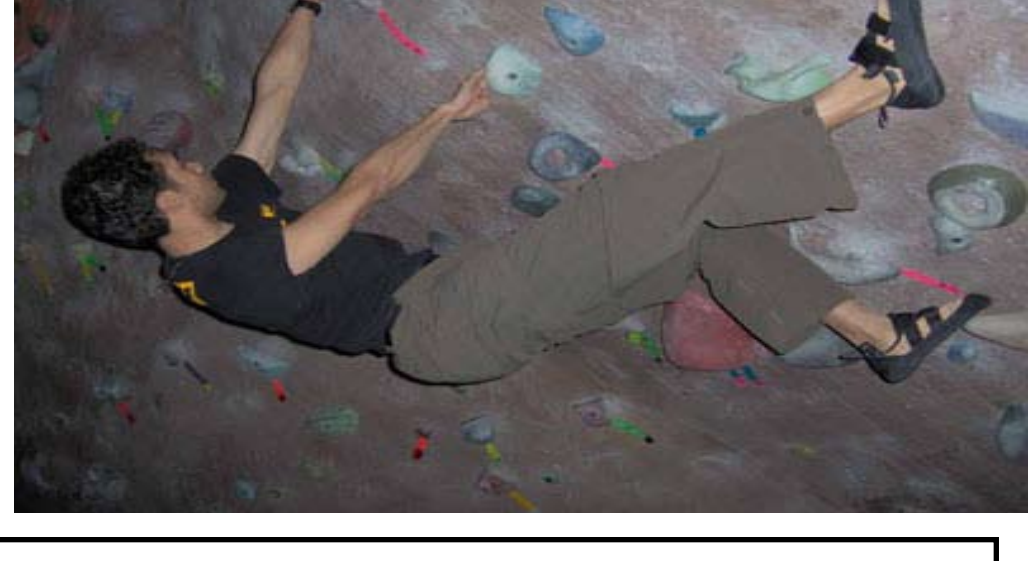
As many of you know, Nigel is moving to New Zealand next month so this was his final Rip & Grip. All of us at VIRG would like to thank all the work, time, effort and passion that Nigel has put into making the Rip & Grip events enjoyable and successful for everyone.

Thanks Nigel and we'll all miss you!

If you have any thoughts, comments or would like to submit a photo, drop us a note at [climbing@verticallyinclined.com](mailto:climbing@verticallyinclined.com) We'd love to hear from you!

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### Event Wrap-up - December 1

The gym was packed, the energy was high, and the chalk dust was thick! What a great way to end our fall (according to date, not temperature) series. Thank you to both our new participants and our Rip and Grip veterans. All of you are responsible for turning the event into the success that it has become today!

Thank you very much routesetters, staff, and members who put valuable time into the planning and running of the event.

Special thanks to our sponsors: Track n' Trail, MEC, Blurr, River Valley Cycle, and Nice Climbing; the climbing is great, but thanks to our sponsors there is something exciting to look forward to at the end!

Summary of Winners:

#### December:

	Women	Men
<b>Novice</b>	Vesna Nguyen	Nathan Booth/Francois L.L.
<b>Advanced</b>	Jordanne Taylor	Graham Lynch
<b>Expert</b>	Thirza Carpenter	Marshall German

#### Series:

	Women	Men
<b>Novice</b>	Vesna Nguyen	Nathan Booth
<b>Advanced</b>	Dylan Hardy	Bruce Keith
<b>Expert</b>	Thirza Carpenter	Marshall German

Congratulations to the individual and series winners!  
 Congratulations also go out to everyone who came to play!

### Results: December 1st

Name	Category	Rip & Grip	Big Rocker	October	November	Total
Nathan Booth	M - Novice	8490	21	7470	9040	25000
Francois L.L.	M - Novice	8490	22	0	7870	16360
Eric Bellinger	M - Novice	0	0	11640	0	11640
Brent Wotherspoon	M - Novice	0	0	8510	0	8510
Robert Barchard	M - Novice	0	0	7750	0	7750
Mason Randell	M - Novice	0	0	6790	0	6790
Alex Schlacht	M - Novice	0	0	0	6440	6440
Corbin Zoeteman	M - Novice	5390	22	0	0	5390
Ryan Kimmis	M - Novice	0	0	0	5270	5270
Paul Dehong	M - Novice	0	0	0	0	0
Tanner Chichak	M - Novice	0	0	0	0	0
James Mulligan	M - Novice	0	0	0	0	0
Eric Scott	M - Novice	0	0	0	0	0
Dwayne Boylan	M - Novice	0	0	0	0	0
Ryan Gaudet	M - Novice	0	0	0	0	0

Name	Category	Rip & Grip	Big Rocker	October	November	Total
Vesna Nguyen	F - Novice	6690	13	4200	5500	16390
Kathy Lin	F - Novice	5500	21	5700	4470	15670
Kat Wood	F - Novice	3580	21	2780	6360	12720
Chelsey Topping	F - Novice	4500	0	3600	3900	12000
Briasha McLarty-Mueller	F - Novice	4500	25	2590	4430	11520
Ryley Yager	F - Novice	1690	11	3190	2350	7230
Mary Wood	F - Novice	2630	7	0	4000	6630
Leslie Vermeer	F - Novice	1980	0	1500	3060	6540
Miriam Highey	F - Novice	3580	21	0	2370	5950
Jantina Toxopeus	F - Novice	0	0	1490	2180	3670
Katelynn McKenna	F - Novice	0	0	0	3660	3660
Paulina Stroemich	F - Novice	3580	12	0	0	3580
Pauline Uruski	F - Novice	0	0	3090	0	3090
Cassarah McLarty-Mueller	F - Novice	0	0	1490	0	1490
Neekoo Collett	F - Novice	0	0	0	0	0

Name	Category	Rip & Grip	Big Rocker	October	November	Total
Bruce Keith	M - Advanced	12760	25	14580	13440	40780
Ian Reynolds	M - Advanced	12770	0	11650	13450	37870
Beau Hayward	M - Advanced	12780	0	11080	11550	35410
Matt Amyotte	M - Advanced	10700	25	11120	11660	33480
Jon Kramer	M - Advanced	12780	5	9570	10950	33300
Chris Torregozo	M - Advanced	10250	0	12050	8800	31100
Jordan Hilbrecht	M - Advanced	11990	0	8950	7660	28600
Cam Cook	M - Advanced	9470	28	9130	9850	28450
Graham Lynch	M - Advanced	14100	11	0	13420	27520
J.P. Sharpe	M - Advanced	8490	55	8680	9810	26980
Ryan Eichler	M - Advanced	11780	0	8270	6680	26730
Zak Keith	M - Advanced	8490	13	7790	8520	24800
Cory Rowcastle	M - Advanced	11040	5	0	12450	23490
Luc Fortin	M - Advanced	0	0	11600	11660	23260
Eric Bellinger	M - Advanced	9570	30	0	8620	18190
Robert Hardy	M - Advanced	0	0	9830	7870	17700
Peter Karbaliotis	M - Advanced	0	0	8420	7900	16320
Andy Williamson	M - Advanced	0	0	14950	0	14950
Lars Bachman	M - Advanced	0	0	6940	7280	14220
Jantzen Franke	M - Advanced	13160	46	0	0	13160
David Murray	M - Advanced	0	0	0	12450	12450
John Heilman	M - Advanced	0	0	0	12420	12420
Lee Riemer	M - Advanced	0	0	0	11240	11240
Scott Moorhouse	M - Advanced	0	0	0	11020	11020
Aaron Postma	M - Advanced	0	0	9060	0	9060
Peter Toth	M - Advanced	8500	28	0	0	8500
mark Bauman	M - Advanced	8260	0	0	0	8260
Liam Carroll	M - Advanced	0	0	6870	0	6870
Troy Ayers	M - Advanced	0	0	0	6670	6670
Colin Bergsten	M - Advanced	0	0	6470	0	6470
Jesse DeLong	M - Advanced	0	0	0	0	0
Dylan Steer	M - Advanced	0	0	0	0	0

Name	Category	Rip & Grip	Big Rocker	October	November	Total
Dylan Hardy	F - Advanced	9460	55	9130	7790	26380
Kristine McKay	F - Advanced	5800	12	9540	9400	24740
Arianne Forbes	F - Advanced	6000	0	7960	9750	23710
Gail Adamson	F - Advanced	8480	61	6490	6870	21840
Nicole Deuchar	F - Advanced	8500	36	5880	6680	21060
Jordanne Taylor	F - Advanced	9770	5	8550	0	18320
Stephanie Versteegden	F - Advanced	11740	0	0	0	11740
Candace Robitaille	F - Advanced	4890	0	5690	0	10580
Theresa Holt	F - Advanced	8480	0	0	0	8480

Name	Category	Rip & Grip	Big Rocker	October	November	Total
Marshall German	M - Expert	21450	0	20560	20480	62490
Jireh Climaco	M - Expert	18480	0	19610	19460	57550
Nevin Hook	M - Expert	20320	83	15680	16820	52820
Miles Adamson	M - Expert	18380	35	16410	16730	49200
Zac Krudys	M - Expert	15390	31	14070	15740	45200
Tyler Fiege	M - Expert	14190	16	15660	14650	44500
Groff Scott	M - Expert	10660	0	17150	16260	44070
Tyler Grinde	M - Expert	14090	1	15430	12570	42090
Sam Anderson	M - Expert	0	0	19500	19470	38970
Jeremy Inman	M - Expert	12790	0	11640	11700	36130
Andy Williamson	M - Expert	13540	11	0	13450	26990
Terry Pahalek	M - Expert	21440	0	0	0	21440
Mark Sterling	M - Expert	20690	0	0	0	20690
Alex Fierl	M - Expert	0	0	0	20460	20460
Bonar McCallam	M - Expert	0	0	17550	0	17550
Mark Taylor	M - Expert	16200	0	0	0	16200
Che Hynes	M - Expert	10990	0	3390	0	14380
Chris Holt	M - Expert	12750	46	0	0	12750
Brid Chichak	M - Expert	0	0	0	11980	11980
Kris Chisholm	M - Expert	10430	0	0	0	10430

Name	Category	Rip & Grip	Big Rocker	October	November	Total
Thirza Carpenter	F - Expert	18480	30	17500	16370	52350
Laura Minard	F - Expert	12700	0	11050	12750	36500
Stephanie Borys	F - Expert	9000	0	10070	11650	30720
Selena Wong	F - Expert	12960	0	0	0	12960
Megan Holt	F - Expert	12790	50	0	0	12790
Heidi Holt	F - Expert	12790	57	0	0	12790
Mackenzie German	F - Expert	0	0	0	0	0

### Climber Profile

**Name:** Candace Robitaille  
**Occupation:** Nurse  
**Length of Time Climbing:** ~1 1/2 Years  
**Why do you like Rip and Grip?**  
 Social, Short routes (something I can make it up the first time)  
**What do you do when you are not climbing?**  
 Soccer, Paper Tole (taking a 2-dimensional photo or picture and manipulating it into a 3-dimensional object)



### A Note From Nigel

This was a small note to personally thank all of the past and present Rip and Grip participants. This was my last series as Rip and Grip host as I am heading off to New Zealand in the New Year (for between one and two years). Over the past couple of years, I have seen this event explode into Edmonton's premier social climbing competition! I will certainly miss the atmosphere and most of all the people.

Thank you all again and keep on climbing!

Sincerely,  
 Nigel St. Louis

### Routesetter Profile

**Name:** Raelyn Riddell  
**Age:** 18  
**Length of Time Setting:** 6 Months  
**Hobbies and Interests (other than climbing):**  
 Hockey and Cycling  
**What inspired you when setting problems for this comp?**  
 Good flow and setting short-person friendly problems  
**What would your secret mutant ability be?**  
 "The ability to talk to animals because I love animals and want have to say."

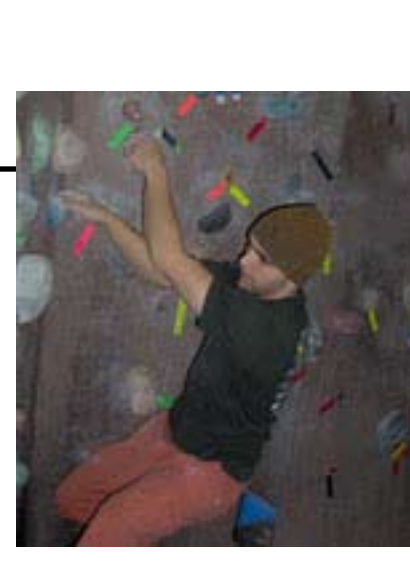


### Upcoming Events @ VIRG

Holiday Hours: Open Noon-5pm Christmas & New Year's Eves  
 Closed Christmas Day, Boxing Day & New Year's Day

### Rip and Grip • Winter Series

- First Friday of February, March and April!
- Registration will open December 15th



### It's Cold out there!

Keep your head cozy and warm with a stylish toque from Vertically Inclined. From caramel houndstooth toques with the frog on the front, to fleece lined toques featuring the 'Climb' logo, we've got the hat for every head!



### Photo Gallery

We need your help! We'd love to share more pictures from the Rip & Grip comps so if you have some shots, send them along and we'll give everyone a chance to check them out.

Send them to us at [climbing@verticallyinclined.com](mailto:climbing@verticallyinclined.com).