



## Welcome to Vertically Inclined's **Rand G Bulletin** for November 2008!

Though Halloween was already past, there were lots of tough new problems at the November Rip & Grip to put the scare in all the climbers.

Thanks again for coming out to play at the Rip & Grip. It's great to see everyone helping each other with spotting, witnessing and lots of beta. We had a lots of climbers out this month which really builds the atmosphere and fun at these comps.

A big tip of the cap goes out to Todd this month for running another exceptional event. His normal partner in crime was away so most of the work fell to him this month. Thanks for the great work!

And, as always, it is the routesetters' time and effort that gives us all the great problems to work on so thanks to the whole crew.

We look forward to seeing you at the Series Finale, December 5th!

If you have any feedback about the Rip & Grip event, you can drop in at VIRG or e-mail us a note at [climbing@verticallyinclined.com](mailto:climbing@verticallyinclined.com) We'd love to hear from you!

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### Event Wrap-up - November 7

The November event saw more great climbing and lots of the categories are very close heading into the finale.

Big shout out to our Sponsors; Mountain Equipment Co-op, Nice, Blurr, River Valley Cycle, Telus World of Science and Track 'n Trail. Thanks to VIRG's own DJ Cael for the super playlist and for the excellent prize CD's. We'll see you all in November!

Summary of Winners: **November**

	Women	Men
<b>Mighty Mites</b>	Josh Dillabough	
<b>Novice</b>	Sheila Desarkar	Nathan Kwasnycia
<b>Advanced</b>	Carlee Olsthoorn	Raza Tanveer
<b>Expert</b>	Theresa Beauchamp	Matt Amyotte

Congratulations to the winners and to everyone who came to play!

### Results: November 7th

Name	Category	Rip & Grip	Big Rocker	October	Total
Josh Dillabough	M-Mites	2750	0	3560	6310
Cameron MacLeod	M-Mites	960	0	0	960

Name	Category	Rip & Grip	Big Rocker	October	Total
Sheila Desarkar	F - Novice	12410	0	6700	19110
Charlotte Kruszewski	F - Novice	8860	0	0	8860
Anna Guerne	F - Novice	7690	0	0	7690
Kristen Kirwer	F - Novice	6540	0	5600	12140
Emily Maplethorpe	F - Novice	6510	20	3550	10060
Nicola Przewczek	F - Novice	5690	0	3600	9290
Kirsten Dillabough	F - Novice	4510	0	6600	11110
Rayna Dillabough	F - Novice	3600	0	980	4580
Allison Rose	F - Novice	3590	0	0	3590
Mia Kruszewski	F - Novice	1070	0	0	1070
Leslie Vermeer	F - Novice	0	0	3100	3100
Arianna Ling	F - Novice	0	0	2990	2990
Claudette Friske	F - Novice	0	0	2170	2170
Sharla Simpson	F - Novice	0	0	1600	1600

Name	Category	Rip & Grip	Big Rocker	October	Total
Carlee Olsthoorn	F - Advanced	13080	0	10380	23460
Lisa Zandbeek	F - Advanced	9000	0	0	9000
Merin Oleschuk	F - Advanced	7650	0	12180	19830
Diana Michelsen	F - Advanced	0	0	9290	9290
Alison Funk	F - Advanced	0	0	9050	9050
Monique Reimer	F - Advanced	0	0	7900	7900
Gail Adamson	F - Advanced	0	0	6880	6880
Aleya Dwivedi	F - Advanced	0	0	3900	3900
Caitlin Bryant	F - Advanced	0	0	0	0

Name	Category	Rip & Grip	Big Rocker	October	Total
Theresa Beauchamp	F - Expert	14700	0	10500	25200
Alanna Elias	F - Expert	14000	0	13470	27470
Nicole Deuchar	F - Expert	13830	0	14580	28410
Arianne Forbes	F - Expert	0	0	13650	13650
Dylan Hardy	F - Expert	0	0	12440	12440
Kristine McKay	F - Expert	0	0	11850	11850
Kat Wood	F - Expert	0	0	11190	11190

Name	Category	Rip & Grip	Big Rocker	October	Total
Nathan Kwasnycia	M - Novice	13070	0	10750	23820
John Van Huis	M - Novice	12720	0	9660	22380
Ray Desrosiers	M - Novice	12460	0	9980	22440
Andrew Horwood	M - Novice	12070	0	6660	18730
Sebastien Sauve-Hoover	M - Novice	11710	5	7490	19200
Dustin Brezinski	M - Novice	11690	0	12440	24130
Alden Flatt	M - Novice	10020	0	6380	16400
Lance Lefebvre	M - Novice	9730	0	6480	16210
Dallas Casey	M - Novice	8460	0	0	8460
Brendon Paradis-Bell	M - Novice	7490	0	2980	10470
Matthew Hendsbee	M - Novice	6550	0	0	6550
Jonathan Hill	M - Novice	6440	0	0	6440
Alex Gervais	M - Novice	6360	0	7740	14100
Krystian Staniszewski	M - Novice	5480	0	0	5480
Iain Schooler	M - Novice	5130	0	3590	8720
James Prusakowski	M - Novice	4910	0	6720	11630
Conor Simpson	M - Novice	2150	0	590	2740
David Loewen	M - Novice	900	0	0	900
Jason Waldick	M - Novice	0	0	12490	12490
Drew Danzinger	M - Novice	0	0	7430	7430
Moe Mansour	M - Novice	0	0	6680	6680
Aaron Batty	M - Novice	0	0	5600	5600
Kyle Gnam	M - Novice	0	0	5250	5250
Spencer Mctavish	M - Novice	0	0	5190	5190
Greg Funk	M - Novice	0	0	4870	4870
Andrew Batty	M - Novice	0	0	3590	3590
Brent Gauvreau	M - Novice	0	0	3540	3540
Cory Dowhan	M - Novice	0	0	2960	2960
Isaiah Feldberg	M - Novice	0	0	2910	2910
David Turnbull	M - Novice	0	0	1590	1590
Cameron MacLeod	M - Novice	0	0	510	510

Name	Category	Rip & Grip	Big Rocker	October	Total
Raza Tanveer	M - Advanced	17630	0	16610	34240
Gabe Zukiwski	M - Advanced	17190	0	12630	29820
Jon Moir	M - Advanced	16920	0	16000	32920
Matt Dunn	M - Advanced	16750	0	19630	36380
Ian McCalder	M - Advanced	16400	0	0	16400
Brendon Younie	M - Advanced	16130	5	11650	27780
Ross	M - Advanced	15180	15	0	15180
Lee Riemer	M - Advanced	14530	0	14780	29310
Stuart Moore	M - Advanced	14340	0	12460	26800
Jon Kramer	M - Advanced	14220	5	0	14220
Dylan Steer	M - Advanced	13810	0	13570	27380
Reg Brown	M - Advanced	13520	0	0	13520
Spencer Michelsen	M - Advanced	12900	0	12480	25380
Victor Dombrowski	M - Advanced	12810	0	0	12810
Peter Karbalotis	M - Advanced	11540	0	9630	21170
Robert Hardy	M - Advanced	11530	0	12490	24020
Kyle Noruschat	M - Advanced	11480	0	9980	21460
Brady Pickell	M - Advanced	10690	0	0	10690
Josh Brown	M - Advanced	10680	0	0	10680
Chris Torregosa	M - Advanced	9980	0	15820	25800
Isaac Elgersma	M - Advanced	9740	0	11030	20770
Daniel Kruszewski	M - Advanced	9260	0	0	9260
Robin MacMillan	M - Advanced	7530	0	0	7530
Brent Gaunean	M - Advanced	6590	0	0	6590
Jesse Robertson	M - Advanced	0	0	13480	13480
Nathan Booth	M - Advanced	0	0	12500	12500
Bruce Keith	M - Advanced	0	0	11440	11440
Andrew Funk	M - Advanced	0	0	9270	9270
Cory Rewcastle	M - Advanced	0	0	8290	8290

Name	Category	Rip & Grip	Big Rocker	October	Total
Matt Amyotte	M - Expert	20680	10	19340	40020
Devin Goodsman	M - Expert	20410	0	0	20410
Stephen Pickering	M - Expert	18470	0	0	18470
Jeremy Inman	M - Expert	18430	0	19450	37880
Andrew Clews	M - Expert	18370	0	0	18370
Reshad Oberlander	M - Expert	16480	10	19710	36190
Jeffery Lafranchise	M - Expert	13470	0	20330	33800
John Anderson	M - Expert	7600	0	0	7600
Jesse Hitchen	M - Expert	7080	0	11780	18860
Nevin Hook	M - Expert	0	0	21680	21680
Jesse Reimer	M - Expert	0	0	21630	21630
Miles Adamson	M - Expert	0	0	20410	20410
Francois Lacroix-Leung	M - Expert	0	0	20390	20390

### Climber Profile:

Name: **Sebastien Sauve-Hoover**

How long have you been climbing: **Since May 2008**

How many Rip & Grips have you participated in?

**This is my second today.**

Other than climbing, what other activities do you enjoy?

**Mountain Biking**

If you could be a mythical beast, what parts would you have and why?

**Gargoyle, being able to turn into stone and having wings**



### Setter Profile:

Name: **Scott McGrath**

Time working at VIRG: **5+ years**

Time Setting: **5+ years**

Interests outside of climbing:

**Unicycling, Cross Country Skiing, Mountain Biking, Firefighting**

If you could be a mythical beast, what parts would you have and why?

**Monkey's Tail - for climbing and for balance**

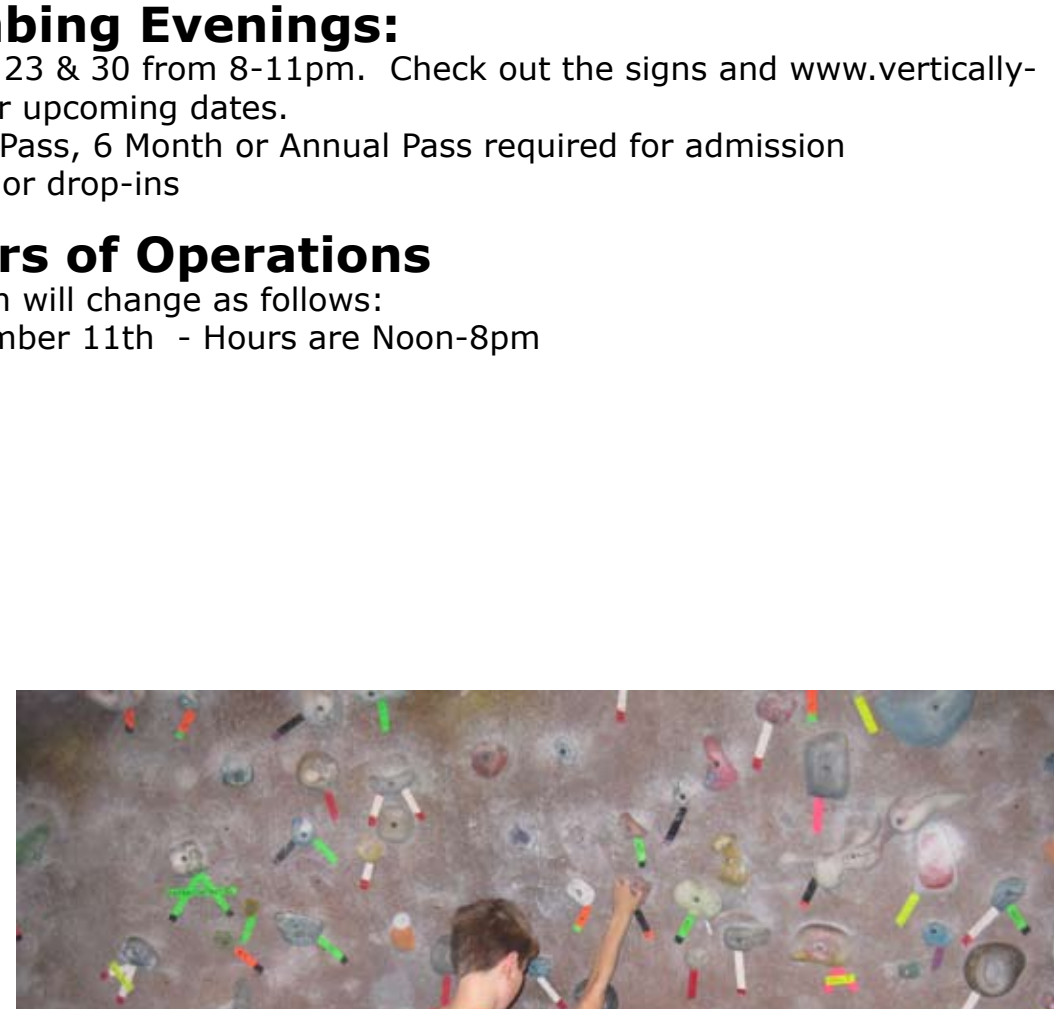
**Eagle's Bones - hollow and lightweight**

**Gorilla's Arms - To pull hard**

**Parrot's Head - the ones that climb**

**Kangaroo Legs - POWER**

What would the name of your mythical beast be? **Spagrogg**



We're again looking for your help with the Bulletin's Photo Gallery. If you have any pics from Rip & Grip events that you'd be willing to share with your fellow climbers, please pass them along. You can e-mail them to [climbing@verticallyinclined.com](mailto:climbing@verticallyinclined.com).

