

Welcome to Vertically Inclined's Rand G Bulletin for March 2009!

The March Rip & Grip was another great display of climbing skill and prowess. The second event of the series continued the excellence displayed the first night and has ramped things up for the finale.

Thanks for coming out to play at the Rip & Grip. It's great to see everyone helping each other with spotting, witnessing and lots of beta. This event was a great start to the series.

TnT did another great job putting the event and problems together. Thanks team!

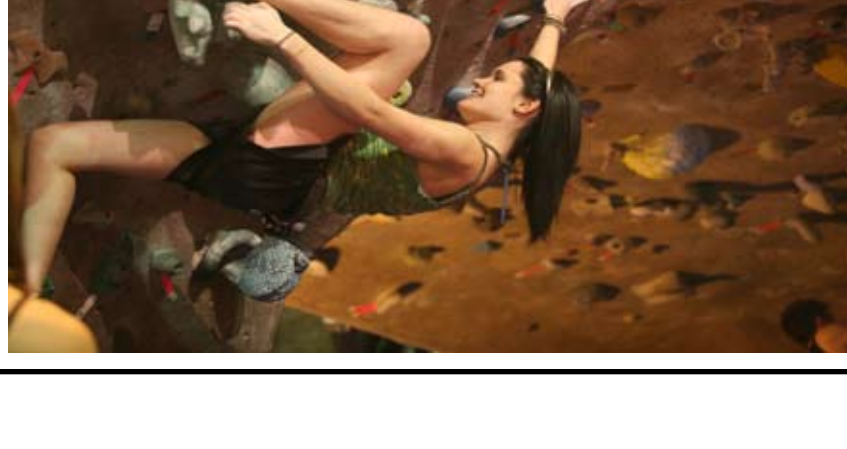
And, as always, it is the routesetters' time and effort that gives us all the great problems to work on so thanks to the whole crew. Special thanks to Scott who put up a ton of problems that were all very enthusiastically received by the climbers.

A reminder that the next event is Friday April 3rd at 7:30pm. See you then!

If you have any feedback about the Rip & Grip event, you can drop in at VIRG or e-mail us a note at climbing@verticallyinclined.com We'd love to hear from you!

Contents

- Event Wrap Up
- Results: March 6th
- Upcoming Events @ VIRG
- Photo Gallery



Event Wrap-up - March 6th

The second night of the Series brought out some very strong results. All the climbers braved the cold to put on a great show!

Big shout out to our Sponsors; Mountain Equipment Co-op, Track 'n Trail, Camper's Village & River Valley Cycle. Thanks to VIRG's own DJ Cael for the super playlist and for the excellent prize CD's. We'll see you all in March!

Summary of Winners: **February**

Mighty Mites	Kameron Wadsworth	
Women		Men
Novice	Kirsten Kirwer	Andrew Horwood
Advanced	Melissa Jensen	Jeremy Cheng
Expert	Heather Sawitsky	Nevin Hook

Congratulations to the winners and to everyone who came to play!

Results: February 6th

Name	Category	Rip & Grip	Big Rocker	February	Total
Kameron Wadsworth	M-Mites	7850	37	0	7850
Tylo Buwalda	M-Mites	4480	30	4500	8980
Liam Haggarty	M-Mites	1820	0	4070	5890
Ashley Feldberg	M-Mites	990	0	2070	3060
Zachary Shannon	M-Mites	400	0	0	400
Jacquelynn Buwalda	M-Mites	370	0	2540	2910
Isaiah Feldberg	M-Mites	0	0	5480	5480
Josh Dillabough	M-Mites	0	0	4480	4480

Name	Category	Rip & Grip	Big Rocker	February	Total
Kirsten Kirwer	F - Novice	7360	0	6900	14260
Kate Johnson	F - Novice	6870	0	0	6870
Charlotte Kruszewski	F - Novice	6700	0	7800	14500
Sharla Simpson	F - Novice	4440	0	4450	8890
Rayna Dillabough	F - Novice	4400	0	3890	8290
Arianna Ling	F - Novice	3580	47	0	3580
Marla Schwarzfeld	F - Novice	2900	0	6420	9320
Leslie Vermeer	F - Novice	1000	0	1880	2880
Tessa Simpson	F - Novice	100	10	280	380
Nicola Przczek	F - Novice	0	0	7980	7980
Julianne Riemer	F - Novice	0	0	3080	3080
Mia Kruszewski	F - Novice	0	0	1600	1600
Elise Jones	F - Novice	0	0	1310	1310
Erin Nicol	F - Novice	0	0	0	0

Name	Category	Rip & Grip	Big Rocker	February	Total
Melissa Jensen	F - Advanced	13640	0	7690	21330
Nicola Przelzek	F - Advanced	8900	0	0	8900
Anna Guernev	F - Advanced	8890	0	8440	17330
Gail Adamson	F - Advanced	7150	0	6670	13820
Allison Rose	F - Advanced	2700	0	4470	7170
Candace Robitaille	F - Advanced	0	0	0	0

Name	Category	Rip & Grip	Big Rocker	February	Total
Heather Sawitsky	F- Expert	20900	0	18430	39330
Arianne Forbes	F- Expert	17560	0	0	17560
RaeLyn Riddell	F- Expert	15840	0	14440	30280
Sheila Desarkar	F - Expert	14700	85	13010	27710
AJ Porter	F - Expert	13620	0	11980	25600
Carlene Grant	F - Expert	13300	0	11870	25170
Carlee Olsthoorn	F - Expert	12960	0	12560	25520
Alanna Elias	F - Expert	11740	0	9300	21040
Elise Sethna	F - Expert	0	0	20560	20560
Kristine McKay	F - Expert	0	0	16540	16540

Name	Category	Rip & Grip	Big Rocker	February	Total
Andrew Horwood	M - Novice	10460	0	0	10460
Darryl MacMillan	M - Novice	9430	0	7590	17020
Robin MacMillan	M - Novice	9180	0	8120	17300
Jonathan Hill	M - Novice	8500	0	0	8500
Julian Campbell	M - Novice	8200	0	0	8200
Brett Jones	M - Novice	7990	0	0	7990
Greg Funk	M - Novice	7700	0	7560	15260
Kieran Alton-Tracy	M - Novice	7570	0	8970	16540
Robbie E	M - Novice	6370	0	0	6370
Adrian Schuldhuis	M - Novice	5870	0	5440	11310
Lachlan Meyer	M - Novice	1190	0	0	1190
Moe Mansour	M - Novice	0	0	0	0
Peter Milne	M - Novice	0	0	0	0
Frank Oracheski	M - Novice	0	0	11600	11600
Matt Hendsbee	M - Novice	0	0	9740	9740
Cannon Simpson	M - Novice	0	0	5510	5510
Cameron MacLeod	M - Novice	0	0	0	0
Krystian Staniszewski	M - Novice	0	0	6480	6480
Drew Danzinger	M - Novice	0	0	8160	8160
Daniel Kruszewski	M - Novice	0	0	6070	6070
Cory McNabb	M - Novice	0	0	1120	1120
Damian Shaske	M - Novice	0	0	3330	3330
Kim Robitaille	M - Novice	0	0	0	0

Name	Category	Rip & Grip	Big Rocker	February	Total
Jeremy Cheng	M - Advanced	21540	0	17710	39250
Brendon Younie	M - Advanced	20710	0	0	20710
Raza Tanveer	M - Advanced	20420	0	14080	34500
Dylan Steer	M - Advanced	18170	0	16620	34790
Jacob Waughtal	M - Advanced	17610	0	15880	33490
Tomás Nasedkin	M - Advanced	17540	22	17740	35280
Dustin Brezinski	M - Advanced	16660	0	16150	32810
Kyle Noruschat	M - Advanced	15950	0	15330	31280
Andrew Funk	M - Advanced	15420	80	12860	28280
Travis Garner	M - Advanced	14070	0	5340	19410
Jesse Robertson	M - Advanced	13460	0	14460	27920
Leeland Riemer	M - Advanced	13180	0	14680	27860
Marshall Magnus	M - Advanced	13120	0	0	13120
Matt Wolff	M - Advanced	12850	0	0	12850
Bruce Keith	M - Advanced	12660	0	12680	25340
Ian McCalder	M - Advanced	12370	0	0	12370
Spencer Michelsen	M - Advanced	11770	0	14610	26380
Peter Toth	M - Advanced	10470	0	10690	21160
Michael LaRocque	M - Advanced	10440	0	8880	19320
Derek Darcy	M - Advanced	10420	0	10680	21100
Isaac Elgersma	M - Advanced	9860	0	10790	20650
Sebastien Sauve-Hoover	M - Advanced	9850	120	11500	21350
Alex Gervais	M - Advanced	8990	80	10590	19580
Frank Oracheski	M - Advanced	6780	0	0	6780
Spencer Janke	M - Advanced	3790	0	0	3790
Peter Karbaliotis	M - Advanced	0	0	10670	10670
Aidan Campbell	M - Advanced	0	0	10860	10860
John Cowie	M - Advanced	0	0	0	0
Jon Van Huis	M - Advanced	0	0	12400	12400
Nathan Booth	M - Advanced	0	0	0	0
Elliot Pittman	M - Advanced	0	0	0	0
Paul Mattern	M - Advanced	0	0	17140	17140
Peter Chlebek	M - Advanced	0	0	7340	7340
Victor Dombrowski	M - Advanced	0	0	0	0

Name	Category	Rip & Grip	Big Rocker	February	Total
Nevin Hook	M - Expert	23680	0	0	23680
Matt Amyotte	M - Expert	22470	0	0	22470
Matt Dunn	M - Expert	22080	0	20490	42570
Andrew Clews	M - Expert	21490	0	0	21490
Reshad Oberlander	M - Expert	21480	0	0	21480
Gabe Zukowski	M - Expert	21450	0	19600	41050
Jeff LaFranchise	M - Expert	19870	0	0	19870
Jeremy Inman	M - Expert	19690	0	20940	40630
Francois Lacroix-Leung	M - Expert	19670	0	19390	39060
Ryan Van Dyck	M - Expert	19370	65	0	19370
Darcy LaFleur	M - Expert	13500	0	18550	32050
Scott Whittington	M - Expert	0	0	7480	7480
David Murray	M - Expert	0	0	17810	17810
Ryan Bombard	M - Expert	0	0	16780	16780

Upcoming Events @ VIRG

Passholder Climbing Evenings:
 Sunday March 15, 22, 29 from 8-11pm. Check out the signs and www.verticallyinclined.com/news.html for upcoming dates.
 -Punch Pass, Month Pass, 6 Month or Annual Pass required for admission
 -No groups, lessons or drop-ins

Busy Evenings -
 Thursdays March 12 & 19 Due to program Overlap

New Course: Training & Technique Coaching
 Taught by Seth Mason - Many time Canadian Climbing champ & Teknik handholds big wig
 • Twenty 2-hour sessions: Mondays & Wednesdays from 6:30-8:30am
 • Starting April 6th - Registration will open Monday March 16th
 • \$365 +gst
 More course info available at www.verticallyinclined.com starting March 16th

Photo Gallery

Photos for this issue of the Rip & Grip courtesy of VIRG Member Derek Andonyk - Enjoy!

