



Welcome to Vertically Inclined's **Rip & Grip Bulletin** for October 2007!

With the falling of the leaves comes another chapter in the year and another Rip & Grip Series!

For the fall we've upped the number of problems to 30 for each event and are looking forward to another great series with awesome problems and excellent competitors of all levels trying their hardest and cheering each other on. Hopefully the October event gets you back into the swing of the indoor climbing season and gives you a chance to share some of your summer adventures with fellow climbers.

A big thank you to Nigel Pike who has taken the reins of the Rip & Grip this fall and to all the routesetters and staff who make these events go!

Thank you again for participating in this go round of the Rip & Grip at Vertically Inclined. It's the energy that you bring that makes these events a success!

If you have any thoughts, comments or would like to submit a photo, drop us a note at climbing@verticallyinclined.com We'd love to hear from you!

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Event Wrap-up - October 5th

What a great start to a tremendous season! 30 challenging problems for a turnout of 95 people, record breaking for the first day of the series!!! We want to thank all of you, the staff and the routesetters responsible for your experience.

Big shout out to our Sponsors; Mountain Equipment Co-op and Track 'n' Trail. Thanks to our DJ Tim for the super CD's. Can't wait to see you all pulling again on Nov.2.

Summary of Winners:

October:	Women	Men
Novice	Diana Michelsen	David Sams
Advanced	Theresa Holt	Stephen Pickering
Expert	Arianne Forbes	Nevin Hook

Congratulations to the winners and to everyone who came to play!

Results: October 5th

Name	Category	Rip & Grip	Big Rocker
David Sams	M - Novice	11410	0
Nathan Andrews	M - Novice	8730	0
Graham Robson	M - Novice	8580	0
Matt Wolff	M - Novice	7850	0
Spencer Michelsen	M - Novice	6610	0
Chris Shabbits	M - Novice	5500	0
Calvin Chan	M - Novice	4600	0
Craig Moses	M - Novice	4550	0
Mike Burris	M - Novice	4210	0
Kevin Abma	M - Novice	3600	0
Iain Schooler	M - Novice	3500	8
Phil Morin	M - Novice	3300	0
Brendan McBride	M - Novice	2660	0
Isaiah Feldberg	M - Novice	2300	0
Josh Dillabough	M - Novice	2290	0
Vladimir Dudas	M - Novice	2080	7
Conor Simpson	M - Novice	1870	0
Ryan Mckenzie	M - Novice	600	0

Name	Category	Rip & Grip	Big Rocker
Diana Michelsen	F - Novice	5810	0
Kat wood	F - Novice	5400	0
Neekoo Collett	F - Novice	4500	0
Kaylyn Jackson	F - Novice	3870	15
Tylo Buwalda	F - Novice	3830	0
Aleya Dwivedi	F - Novice	3600	0
Rayna Dillabough	F - Novice	3580	0
Kirsten Kirwer	F - Novice	3570	24
Tia Murphy	F - Novice	3570	0
Caitlin Bryant	F - Novice	3200	0
Leslie Vermeer	F - Novice	2890	0
Erin Meyers	F - Novice	2880	0
Jaquelyn Buwalda	F - Novice	2810	0
Pauline Uruski	F - Novice	2800	0
Caitlin St. Denis	F - Novice	2200	0
Rhiannon Filip	F - Novice	2080	0
Sharla Simpson	F - Novice	1920	6
Huajin Wang	F - Novice	1490	0
Mary Wood	F - Novice	0	0

Name	Category	Rip & Grip	Big Rocker
Stephen Pickering	M - Advanced	15430	0
Beau Hayward	M - Advanced	14970	0
Matt Amyotte	M - Advanced	14650	13
Bobby Franklin	M - Advanced	14540	0
Robert Hardy	M - Advanced	13690	5
Francois Lacroix-Leung	M - Advanced	13650	18
Rudy Hryniw	M - Advanced	13610	0
Daniel Hutter	M - Advanced	13260	0
Justin Byers	M - Advanced	13000	0
Brett Scheffers	M - Advanced	12910	0
Bruce Keith	M - Advanced	12390	15
Nathan Booth	M - Advanced	11480	0
Bryce Garrison	M - Advanced	11160	32
Denis Ratte	M - Advanced	10580	0
Dylan Steer	M - Advanced	10410	0
Reg Brown	M - Advanced	9960	0
Ryan Eichler	M - Advanced	9870	0
Jonathan Moir	M - Advanced	9470	0
Zak Keith	M - Advanced	8800	0
Jon Kramer	M - Advanced	8280	0
Steve Johnston	M - Advanced	7600	0
Jeff Sartor	M - Advanced	7300	0
Peter Karbaliotis	M - Advanced	7170	0
Steven Charron	M - Advanced	6480	0
Ryan Robitaille	M - Advanced	5760	0
Cory Rewcastle	M - Advanced	2100	0
Alex Brown	M - Advanced	0	0

Name	Category	Rip & Grip	Big Rocker
Theresa Holt	F - Advanced	13270	0
Carlee Olsthoorn	F - Advanced	10930	9
Chantelle Treguma	F - Advanced	8910	0
Kristine Mckay	F - Advanced	8330	40
Nicole Deuchar	F - Advanced	8170	0
Joyce Munn	F - Advanced	5900	0
Gail Adamson	F - Advanced	5880	0
Vesna Nguyen	F - Advanced	5790	0
Amanda Williamson	F - Advanced	5670	25
kara Little	F - Advanced	4590	14
Candace Robitaille	F - Advanced	2800	11

Name	Category	Rip & Grip	Big Rocker
Nevin Hook	M - Expert	22960	0
Alex Faid	M - Expert	22600	0
Miles Adamson	M - Expert	22580	0
Zach Krudys	M - Expert	21680	0
Marko Gauk	M - Expert	21640	0
Amy Williamson	M - Expert	18930	0
Ryan Bombard	M - Expert	18420	0
Jeremy Inman	M - Expert	17200	0
Geoff Scott	M - Expert	16770	0
Graham Lynch	M - Expert	15500	16
Dan Keenan	M - Expert	15480	0
Troy Grinde	M - Expert	15240	0
Scott Whittington	M - Expert	12340	0
Che Hynes	M - Expert	10350	0

Name	Category	Rip & Grip	Big Rocker
Arianne Forbes	F - Expert	12800	0
Dylan Hardy	F - Expert	12540	0
Peggy Pickering	F - Expert	11960	0
Jordanne Taylor	F - Expert	10850	0
Stephanie Borys	F - Expert	6180	0

Routesetter Profile

For the profile this month, we will share the answers to the Big Rocker questions that were put to all of the setters this month. Enjoy!

- What is their favorite ice cream?**
 a. Chocolate **Jake, Nigel**
 b. Brayers French Vanilla **Ben**
 c. Mint Choc. Chip **Cael**
 d. Tofu mango gelato **Rae**
 e. Vanilla frozen yogurt **Scott**
 f. Almond cappuccino **Jireh**
 g. None **Tracey**
 h. Birthday cake **Todd**
- What is their favorite restaurant?**
 a. Yokazuna's **Todd**
 b. Pita Pit **Nigel**
 c. Grub Med **Tracey**
 d. Boston Pizza **Jireh**
 e. The dish and the runaway spoon **Scott**
 f. Cafe mosaics **Rae**
 g. Dade's **Cael**
 h. Mother Tuckers **Ben**
 i. Sicilian pasta kitchen **Jake**
- What is their favorite route in the gym?**
 a. Attract the worm **Tracey, Ben**
 b. Manly deeds, womanly hands **Cael**
 c. King lion **Rae, Todd**
 d. Cave route **Scott, Jireh**
 e. Cave creatures only **Jireh**
 f. Slappy happy **Nigel**
 g. Days of Our Farm **Jake**
- How long can they do a hand stand?**
 a. 20 sec. **Nigel**
 b. 2 sec. **Rae, Todd**
 c. 3 sec. **Tracey**
 d. 0 sec. **Tracey, Jireh**
 e. 3.4 sec. **Cael**
 f. 2.5 sec. **Ben**
 g. 4 sec. **Jake**
- How many days since they had toast**
 a. 3 **Jake**
 b. 0 **Ben**
 c. 2 **Cael**
 d. 7 **Rae, Tracey**
 e. 17 **Scott**
 f. 1 **Jireh, Nigel**
- What is their favorite road sign?**
 a. Europe autobond- no speed limit sign **Jake**
 b. Women drivers crash too **Ben**
 c. Downgrade **Cael, Scott**
 d. Old people crossing **Rae**
 e. Fatality **Jireh**
 f. No kangaroos **Tracey**
 g. Speed limit 110 km/hr **Todd**
 h. Caution: motorcycle stunt team overhead **Nigel**
- If they could be any animal they would be a**
 a. sea otter **Nigel**
 b. boxer (dog) **Todd**
 c. 3 toed sloth **Tracey, Scott**
 d. Madder **Rae**
 e. ocelot **Rae**
 f. blue whale **Cael**
 g. eagle **Jake**
 h. kea **Ben**
- What did they say a "daggerreotype" was?**
 a. type of gears on a mountain bike **Jake**
 b. fictional non-existent **Ben**
 c. person who likes cheap margaritas **Cael**
 d. Shakespearean word for Speedo **Rae**
 e. Dagger historian **Tracey, Cael, Todd, Jireh, Ben**
 f. Dinosaur species **Jireh**
 g. Ripe banana **Tracey**
 h. A type of daquerro **Todd**
 i. What did you call me? **Nigel**
- What is their favorite movie?**
 a. Rebel without a cause **Nigel**
 b. Eternal sunshine of the spotless mind **Todd**
 c. Love actually **Tracey**
 d. The real rock tour movie **Jireh**
 e. Fools with tools **Scott**
 f. Final Destination **Rae**
 g. Dead Man **Cael**
 h. The royal tenenbaums **Ben**
 i. One flew over the cuckoos nest **Jake**
- What is the worst thing they have ever smelt?**
 a. His kids diapers **Jake**
 b. 2 week old warm Tupperware compost **Ben**
 c. Todd's shoes **Tracey, Cael, Todd, Jireh, Ben**
 d. Durian vomit **Scott**
 e. year old chicken noodle soup **Nigel**
- What, in their opinion, is the best place on earth?**
 a. Newfoundland **Nigel**
 b. Canmore **Todd**
 c. Cinque terre **Tracey**
 d. Where the rocks to boulder are **Jireh**
 e. Haffner Creek **Scott**
 f. Australia **Rae**
 g. Where ever I am at that moment **Cael**
 h. Stonwood **Ben**
 i. Mountains **Jake**
- Paper or Plastic**
 a. Paper **Jake, Ben, Jireh, Cael, Rae, Todd, Scott**
 b. Plastic **Nigel**
 c. Cloth **Tracey**
- How many siblings do they have?**
 a. 1 **Jake**
 b. 2 **Ben, Rae, Tracey, Jireh**
 c. 3 **Cael, Scott**
 d. 4 **Nigel**
 e. 5 **Todd**
- Favorite Car**
 a. Porsche **Jake**
 b. Old square Volvos **Ben**
 c. Subaru **Cael**
 d. Bicycle **Rae, Scott**
 e. Jeep **Jireh**
 f. Lamborghini convertible **Todd**
 g. Optimus prime **Nigel**
- Favorite candle scent**
 a. Pituli **Jake**
 b. Bees Wax **Ben**
 c. Pink Grapefruit **Cael**
 d. Vanilla **Rae**
 e. Balsam Fir **Scott**
 f. None **Jireh, Tracey**
 g. Tropical **Jireh**
 h. Melon **Nigel**
- First Pets name**
 a. Tootsie **Jake**
 b. Mike Finnegan **Ben**
 c. Maddie **Rae**
 d. Pepper **Scott**
 e. Beauty **Jireh**
 f. Maizzie **Tracey**
 g. Brutus **Todd**
 h. Captain Kirk **Nigel**
- Who is their biggest enemy?**
 a. Age **Jake**
 b. the devil **Ben**
 c. the care bears **Cael**
 d. Estelle academy **Rae**
 e. Time **Scott**
 f. Cockroaches **Jireh**
 g. Ben, Cael and Jireh **Tracey**
 h. Tracey **Todd**
 i. Gravity **Nigel**
- What's the highest they've ever been with their feet planted on the ground?**
 a. 11000 ft. **Jake**
 b. 2160 meters **Ben**
 c. some mountain **Cael**
 d. 52" **Rae**
 e. 6962 meters **Scott**
 f. pretty high **Jireh**
 g. 4000 meters **Tracey**
 h. 1250 feet **Nigel**
 i. 4000 ft **Todd**
- What is the most food eaten in one sitting?**
 a. 2 xmas dinners **Nigel**
 b. 2 bento boxes **Todd**
 c. lots **Ben, Tracey**
 d. lots of chocolate **Jireh**
 e. 6.5 lbs. of pasta **Scott**
 f. 7 buffet plates and 2 dessert plates **Rae**
 g. a lot of pie **Cael**
 h. Buffet- 5 plates'ish **Jake**
- What super power would they have if they could have any super power?**
 a. Invisibility **Scott, Tracey**
 b. Fly **Jake, Jireh**
 c. understand people **Ben**
 d. change to look like other people **Cael**
 e. endless energy **Rae**
 f. spaghetti out of the fingertips **Todd**
 g. gills **Nigel**
- Who is their favorite climber?**
 a. Velcro **Nigel**
 b. Sharma **Jake, Todd**
 c. Jireh **Tracey**
 d. Alain Robert **Jireh**
 e. Andy Genouel **Scott**
 f. Cael and kaylee T (tied) **Rae**
 g. Jason **Cael**
 h. Dave graham **Ben**
- What is the fastest they have ever made it to the top in?**
 a. .5 hour **Jake**
 b. 7.5 sec **Ben**
 c. 9 sec **Cael**
 d. 15 sec **Rae**
 e. 5.4 sec **Scott**
 f. 10 sec **Tracey**
 g. 8 sec **Todd**
 h. 5 sec **Nigel**
- What is their favorite brand of climbing shoe?**
 a. 5.10 **Tracey, Jake, Rae**
 b. don't know **Ben**
 c. la Sportiva **Scott, Jireh**
- What is the longest, biggest book ever read?**
 a. Bible **Ben, Nigel**
 b. The decline and fall of the roman empire **Todd**
 c. Memoirs of Cleopatra **Tracey**
 d. Fahrenheit 451 **Jireh**
 e. Anatomy textbook **Scott, Rae**
 f. Shogun **Cael**
 g. Harry potter **Jake**
- Who is their favorite sesame street character?**
 a. Ernie **Jake, Jireh**
 b. Snufflelopus **Ben**
 c. Cookie monster **Cael**
 d. Don't know them **Rae**
 e. Oscars worm friend **Scott**
 f. Oscar **Todd**
 g. Grover **Nigel**
- Who is their favorite cartoon character?**
 a. Marvin the Martian **Nigel**
 b. Blinky **Jireh**
 c. Sprague **Todd**
 d. Peppy la peu **Tracey**
 e. Brought Bob **Jireh**
 f. Tasmanian devil **Scott**
 g. Peter Griffin **Rae**
 h. Speedy Gonzales **Cael**
 i. Bucky from GET FUZZY **Ben**
 j. Spider man **Jake**
- What is their favorite childhood toy?**
 a. GI joes **Jake**
 b. Living room cushions for forts **Ben**
 c. Lego **Cael**
 d. African American Barbie **Rae**
 e. Bicycle **Scott, Nigel**
 f. Pellet gun **Jireh**
 g. Skip-it **Tracey**
 h. Transformers **Todd**
- Who is their favorite band?**
 a. KISS **Jake**
 b. Radiohead **Ben**
 c. Jireh's air guitar **Cael**
 d. Bif Naked **Rae**
 e. Captain Tractor **Scott**
 f. Red hot Chili Peppers **Jireh**
 g. Hawksley Workman **Tracey**
 h. Modest Mouse **Todd**
 i. Nature **Nigel**
- Favorite store to shop in**
 a. Safeway **Nigel**
 b. V2 **Todd**
 c. Ikea **Tracey**
 d. M.E.C. **Jireh, Scott**
 e. American eagle **Rae**
 f. Music Store **Cael**
 g. Value Village **Ben**
 h. Grocery Store **Jake**
- Favorite Drink**
 a. Water **Tracey, Ben**
 b. Pepsi **Nigel**
 c. Guinness **Todd**
 d. Coke **Jireh**
 e. Chi Tea **Scott**
 f. Blueberry Pomegranate **Rae**
 g. Juice **Cael**
 h. Skim Milk **Jake**

Upcoming Events @ VIRG

Passholder Climbing Evenings:

Sundays October 21 & 28 from 8-11pm. Check out the signs and www.verticallyinclined.com/news.html for upcoming dates.

- Punch Pass, Month Pass, 6 Month or Annual Pass required for admission
- No groups, lessons or drop-ins

Photo Gallery

We'd love to get your photos from the Rip & Grip...

If you've got some photos to share, send them to us at climbing@verticallyinclined.com.

